



HEAD OVER HEELS

SESSION #1 --- FALL SCHEDULE FOR 2023 - 2024

August 29, 2023 to November 4, 2023

An Educational Gymnastics Center
 Rutland, VT 05701 802-773-1404
 www.headoverheelsvt.com
 HOH@headoverheelsvt.com



@HeadOverHeelsVT

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY				
8:30 AM	Private Parties Field Trips & Cheer Groups Call to Schedule					8:30 - 9:00a Parent Child Tumble Tots Ages 16m-30 mos.					
9:00 AM		9:00 - 9:30aa Parent Child Tumble Tots Ages 16m-30 mos				9:00 - 9:45a Parent Child Bear Cubs Ages 2-3		9:00 - 9:45a Parent Child Bear Cubs Ages 2-3			
10:00 AM		10:00-12:00p You, Me, Coffee & Tea Toddler Social				10:00-12:00p You, Me, Coffee & Tea Toddler Social		10:00 - 11:15a Tumble Kids Ages 5-8 Recreational	10:00 - 11:00a Kinder Gym Ages 3.5-5 Recreational		
11:00 AM								11:00a - 12:00 BEG / INT Ages 6+ Skill	11:00a - 12:00 Tumble Kids Ages 7+ Recreational		
12:00 PM								12 - 1:30p \$\$\$ OPEN GYM All Ages	Private Parties Call to Schedule		
1:00 PM		12:00 - 4:00p Open For Field Trips Call to Schedule	12:00 - 4:00p Open For Field Trips Call to Schedule	12:00 - 4:00p Open For Field Trips Call to Schedule	12:00 - 4:00p Open For Field Trips Call to Schedule						
2:00 PM											
3:00 PM											
4:00 PM		4:00 - 5:00p INTRO Ages 3-5 Skill	4:00 - 5:15p BEG Ages 4-7 Skill	4:00 - 5:00p Kinder Gym Ages 3.5-5 Recreational	4:00 - 5:15p Tumble Kids Ages 5-8 Recreational	4:00 - 5:00p INTRO Ages 3-5 Skill		4:00 - 5:15p BEG Ages 4-7 Skill		4:00 - 4:45p Parent Child Bear Cubs Ages 2-3	4:00 - 4:45p Preschool Tumble Bears Ages 3.5-5
4:30 PM											
5:00 PM	5:00 - 7:00p PRE-TEAM BY INVITE ONLY	5:00 - 6:30p INT Ages 6+ Skill	5:00 - 6:30p ADV Ages 6+ Skill	5:00 - 6:15p Tumble Kids Ages 7+ Recreational	5:00 - 6:30p INT Ages 6+ Skill	5:00 - 6:30p ADV Ages 6+ Skill	4:45-5:45p Kinder Gym Ages 3.5-5 Recreational	4:45 - 6:00p Tumble Kids Ages 5-8 Recreational			
5:30 PM											
6:00 PM				6:00 - 7:00p \$\$\$ OPEN GYM All Ages							
6:30 PM			6:00 - 7:30p Fitness & Floor Tumbling Ages 8 - 18 Boys & Girls		6:00 - 7:30p PRE-TEAM EXTRA PRACTICE DAY		6:00 - 7:30p \$\$\$ OPEN GYM All Ages				
7:00 PM											
8:00 PM											

REVISED JULY 25, 2023

(Schedule subject to change based on enrollment, staff availability & additional class requests.)