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# HEAD OVER HEELS

## DEMONSTRATION WEEK

We had such a great week of demos from our students, each in their own way. We are so pleased with their successes, those that can be seen through skills and those that are inside. Our Coaches pride themselves on allowing the students the opportunity to grow and build self-esteem, self-confidence, strength, (both mental and physical), body awareness, good controls, compassion and so much more. The cart-wheels they learn may fade with time, but the life skills they walk away with can never be taken away. And they learn gymnastics! How great is that?



## PRIORITY REGISTRATION

Register for classes for the 2016-2017 season prior to July 1<sup>st</sup> and receive a 15% discount off a full year price and a 10% off the fall session price.

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### In our June News

- ☺ Demonstration Week
- ☺ Priority Registration
- ☺ Lost & Found
- ☺ Birthday Parties
- ☺ Nerf & Ninja Tactics
- ☺ Last Week of Classes
- ☺ Summer Schedule
- ☺ Monday Night Fitness
- ☺ Coach's Corner
- ☺ End of Year Party



## LOST & FOUND

We have quite a collection of items in our lost and found area, including shoes, boots, water bottles, coffee mugs, clothing and much more.

Please take a look during this last week of class and claim any items that may be yours. All items remaining will be washed and donated.

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## BIRTHDAY PARTIES

### BIRTHDAY PARTIES ARE FILLING FAST !!

We are now booking parties for June, July and August. Nerf parties are the storm. If you are thinking about having your party at Head Over Heels, call us now. 802-773-1404.

Nerf Birthday Parties have become very popular and are great fun for party children to participate in, as well as parents to watch. They require extra set up and tear down, so book soon as we are limited to the number we have per month.

Always, our parties provide the most for the least in the area.



We set up, clean up, supervise the entire party from beginning to end, serve the cake, take the garbage, provide a t-shirt for the birthday child, a bottle of water, all paper products and treasure chest. Eye Play Virtual Playground is now always part of your party.

Options include: Extra time, Additional inflatables, Dance, Nerf, and other themed parties.

Have less than 10 kids? Why not have an OPEN GYM PARTY.

Reserve the table and space for \$25, and pay \$7/child for open gym time.!

Call NOW for details !

Have an idea for a party? Let us

## NERF AND NINJA TACTICS, SAY WHAT ?

We are considering,, but are looking for your input. Next fall we want to include a Nerf & Ninja Tactical class for children ages 6 to 12, once a week for a 9 week session. What's it include?

Obstacle course maneuvers, with gymnastics and tumble skills, including bars, beam, floor, ropes, rings and some vaulting. Each child will plot their mission to move through the gym obstacles, (safely and appropriately) while having to attack invaders, collect enemy flags, protect their own forts, and work strategically with friends and foes with the aid of nerf guns and props. Strategic planning and problem solving may be required. Let us know your thoughts and interest





## Head Over Heels Gymnastics

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## COACHES CORNER

**Once again we finish our year with many successes and smiles. All of the children have done a fabulous job, both in their physical skills and in mastering their fears and building self esteem.**

**The Coaches are all very proud !**

**Thanks so much for attending this year. We are looking forward to a busy summer and will be posting the fall schedule soon.**

**We hope to see everyone at our end of the year party !**

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## END OF THE YEAR PARTY!!

June 18th, 5p to 8p

Rain or Shine

Once again, we will be celebrating our end of the year with a huge barbeque, with the help of my great friend and Grill Master Tim Rogers ! Lots of friends, food, face painting, inflatables, raffles, and just a great time. Do you make a great salad? Or have a watermelon in your garden? Let us know if you have anything you would like to share with us. Pot Luck is the best. And our party is by donation. No actual dollars are required for you to come, but if you would like to toss a token into our donation bucket toward expenses, it is greatly appreciated. What is important is that you can share a little time with us and enjoy the festivities.

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